

ECEC Hearing Friendly Strategies Self-Assessment Tool

Service name			
Service type	<input type="checkbox"/> Long Day Care <input type="checkbox"/> Occasional Care	<input type="checkbox"/> Family Day Care <input type="checkbox"/> Preschool / Kindergarten	<input type="checkbox"/> Playgroup <input type="checkbox"/> Other:
Your name			Your role
Date (dd/mm/yyyy)			

Actions to support children with reduced hearing:

#	Service Modification Activities	We've got this!	On our way!	Not a focus now
1	We use effective communication strategies (e.g., repeat key words, simplify language, explain different ways)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	We position ourselves thoughtfully when speaking with children (e.g., face-to-face, gain child's attention first, keeping my face visible and well-lit)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	We support children's seating arrangements to help them hear better (e.g., close to the educator, remove distractions, have enough light on the person talking)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	We reduce background noise during learning activities (e.g., turn off noisy equipment, close windows/doors/curtains if noise outside)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	We use soft things to reduce echoes and noise (e.g., carpets, cushions, pictures/pin boards on walls, artwork, curtains over windows, furniture/chair socks).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	We provide "listening breaks" by missing listening and non-listening activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	We use a soundfield amplification system.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	We use visual supports to help children understand routines (e.g., picture calendars, visual reminders).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	We use a buddy system to support children with reduced hearing (e.g., pairing a child with a peer with "good" hearing. This friend can help fill in anything the child has missed).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Actions to support all children's ear health and hearing:

#	Service Modification Activities	We've got this!	On our way!	Not a focus now
10	We use the Spirit of Sound Education Guide and storybook with children.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	We encourage children to practice healthy habits (e.g., 'Blow their nose, Breathe through their nose, Cough into their elbow and Wash hands').	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	We have hygiene stations set up with tissues, bin, and hand sanitiser that children can easily reach.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13	We use activities that help clear ears and throats (e.g. blowing bubbles, blowing games, eating crunchy fruits and vegetables).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



How to complete this form

This self-assessment tool for early childhood education and care (ECEC) staff. It helps you reflect on how your service supports healthy hearing through ear health activities and simple changes to your learning environment.

You can complete this form once or come back to it every 6-12 months to track your progress.

If your service partners with Hearing Australia, you can access extra support to help you achieve the activities listed in this form.

Definitions for checklist:

We've got this!	Our service is already implementing this practice consistently and confidently.
On our way!	Our service is actively working towards implementing the practice or has started making changes.
Not a focus now	Our service is choosing not to prioritise this area at the moment.

If you have questions about service modifications or partnering with Hearing Australia's First Nations Services, contact us at: **FirstNations@hearing.com.au** or **1300 253 655**.

